

PROCLAMATION IN RECOGNITION OF UNPLUG ILLINOIS DAY



Whereas, on Saturday, July 13, 2024, all across Illinois, people will put down electronic devices and “unplug” to enjoy everything that local park, recreation, and conservation agencies have to offer; and

Whereas, “Unplug Illinois Day” is a public service campaign designed by Illinois Park & Recreation Association, to help the state of Illinois and the City of Wood Dale communicate the value “unplugging” offers to residents; and

Whereas, on average children spend over seven hours a day in front of a screen outside of school and homework; and

Whereas, studies have shown that unplugging is essential to maintain a healthy life; and

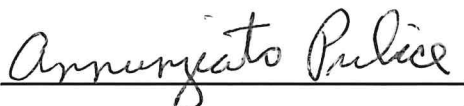
Whereas, 80% of Americans don’t get enough exercise on a daily basis; and

Whereas, 43% of Americans age 18 to 29 use their smartphones for at least four hours per day; and

Whereas, unplugging at Wood Dale parks and facilities is one of the most convenient ways to stay active and get exercise; and

Therefore, I, Mayor Annunziato Pulice, do hereby proclaim July 13, 2024, to be “Unplug Illinois Day” in the City of Wood Dale and encourage all citizens to participate in this opportunity to unplug from their electronic devices and visit **the Wood Dale Park District**.

IN TESTIMONY WHEREOF, I have hereunto set my hand and affixed the seal of the City of Wood Dale, this 20th day of June, 2024.



Annunziato Pulice, Mayor



Lynn Curiale, City Clerk

